



NEWSLETTER



Government of South Australia
Department for Education

POORAKA PRIMARY SCHOOL R - 6
11 SOUTH TERRACE, POORAKA 5095

Cooperation

Respect

Caring

Trust

Responsibility

Dates to remember:

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 7	KINGS BIRTHDAY	Pupil Free Day			
Week 8			School Photos		Assembly 2:15pm
Week 9			9:00am Governing Council		
Week 10					Assembly 2:15pm

Parent engagement in children's learning

As a parent you have a strong influence on your child's learning and development from their early years and through school. You are your child's first teacher and how you support your child's learning matters. You have a key role in shaping your child's values, attitudes and approaches to learning at home, at school, and beyond.

Research has shown that when parents are engaged in their children's learning and build strong connections with their children's school, there can be significant benefits for children:

- They are more likely to enjoy learning and be motivated to do well
- They have stronger relationships with other children
- They have greater confidence and social skills
- They do better at school and have increased wellbeing
- They are less likely to miss days at school.

What do we mean when we say parent engagement?

Parent engagement in children's learning is about working closely with your child's teachers to help your child to succeed. Parent engagement means knowing what they are learning at school, finding ways to bring school learning into the home, and helping teachers to know and understand your child so that they can help your child to thrive at school. Strong partnerships between schools, parents and families are essential for children to be successful in their learning.

A to E grades

Reports are coming your way this term and its important that you know how teachers assign A-E grades.



Teachers must assign A to E grades twice a year. These grades represent on-balance, evidence informed decisions about students' achievement against the standard being assessed.

A to E grades are based on a collection of evidence of student learning gathered over time. Grades are aligned to the Australian Curriculum achievement standards.

Students with a One Plan will be assessed in an appropriate manner for each student's individual learning achievement. Your child's teacher will be able to answer any questions about this.

A student's attendance may impact their overall grade because when absent, children miss valuable parts of the learning and assessment cycle.

Take a Mindful Moment

BREATHING EXERCISES TO PROMOTE CALM

Practice **Pause Breath** to regroup and shift your mindset. Stop what you're doing and take a moment to pause. Place a hand on your chest, close your eyes if that's comfortable, and take a few deep breaths. Feel the rise and fall of your hand on your chest. Do this deep belly breathing for a minute to help slow down your mind and body.

Mindful Breathing Can Achieve Tremendous Health Benefits.

Some of the benefits of can include :

- Reduce stress levels in your body.
- Lower your heart rate.
- Lower your blood pressure.
- Reduce depression.
- Better manage chronic pain.
- Increase alertness
- Increased patience and calmness



The Science of Reading

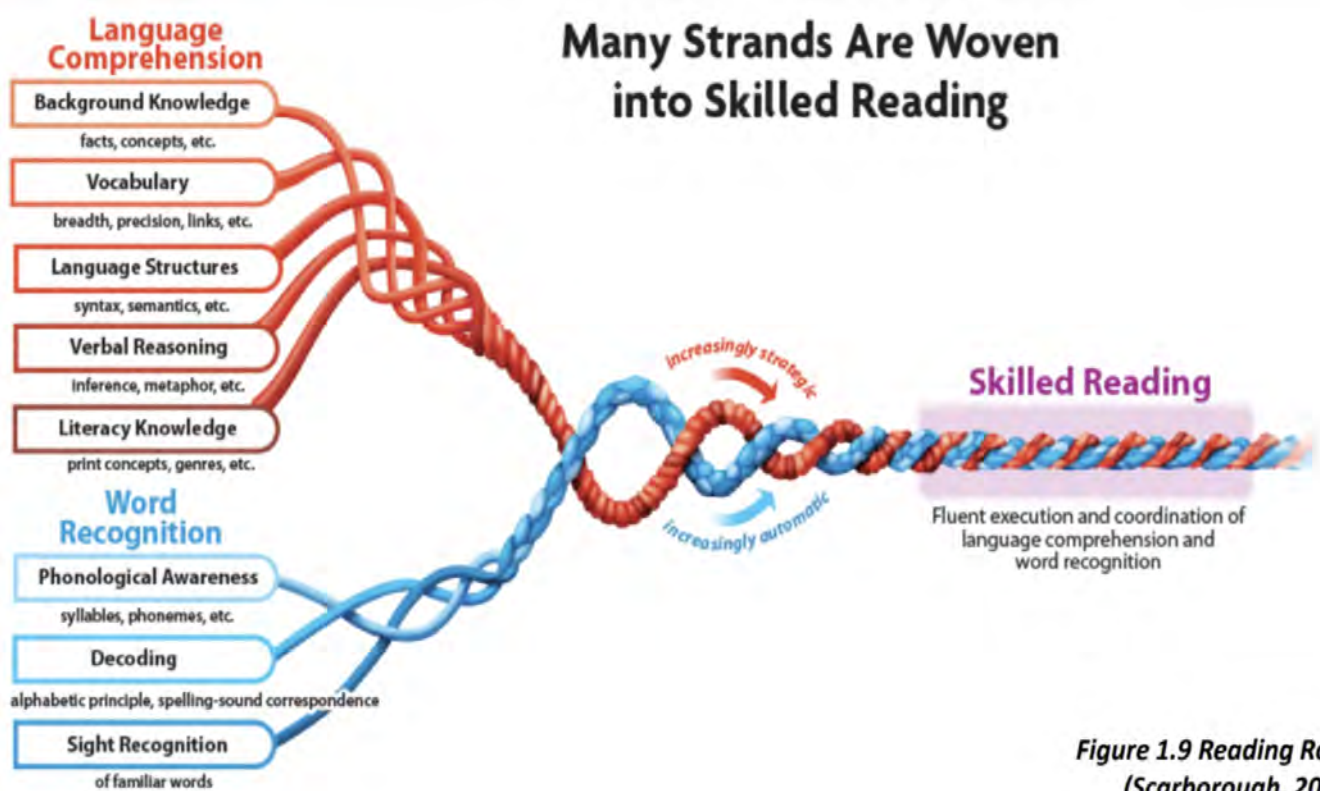


Figure 1.9 Reading Rope
(Scarborough, 2001)

Gardening Group

The gardening Group has been meeting at Little Lunchtime most days. They have been planting, caring for and harvesting a range of veggies. The group are also helping to re-establish a garden space near the back car park area.

